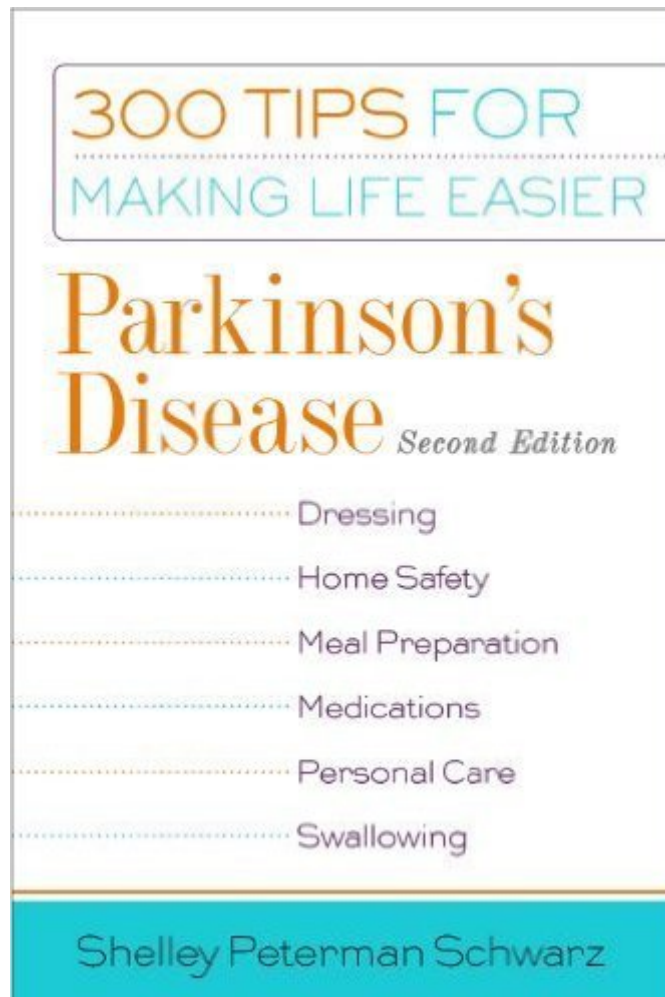


The book was found

# Parkinson's Disease: 300 Tips For Making Life Easier By Shelley Peterman Schwarz (2006) Paperback



## Synopsis

Being diagnosed with Parkinson's disease can be distressing, and adjusting to the effects of the disease is often difficult. This indispensable resource for patients, family, friends, and caregivers helps patients rise above PD's challenges by working smarter, maintaining a positive outlook, and conserving time and energy. Organized by subject, the book covers a wide range of topics, including making the home more accessible; dressing aids and simple clothing adaptations; using technology to improve communication; eating and drinking tips for people with difficulty swallowing; mobility and exercise; managing home health care; cars and driving; leisure and recreational activities; travel; and much more. A resource section at the end of each chapter contains contact information for the agencies, organizations, and products mentioned. Completely revised and updated to include over 65 new tips and 40 additional resources, the book enables readers to become more independent and lead remarkably unlimited lives.

## Book Information

Paperback

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